

Wellbeing Measurement *for Schools*

Information Sheet for Parents and Carers



Title of Study: Wellbeing Measurement for Schools

Department: Evidence Based Practice Unit (EBPU)

Name of the Principal Researcher: Dr Jessica Deighton

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This study has been approved by the UCL Research Ethics Committee:

Project ID number 16139/001

Why are we contacting you?

EBPU is working with your child's school and other schools across the UK. We are trying to understand more about children's emotional wellbeing in young people through surveys. This project will help us to understand the best ways to support schools to understand more about the wellbeing of their pupils.

We are asking for your permission for your child to complete a survey. If you give permission, your child will also be asked if they would like to take part. You may want to discuss participation with your child to help him/her decide. It will be made clear to all children when they are given the questionnaires that they do not have to answer any questions that they don't want to and they do not have to take part at all if they don't want to. **Your child is free to stop taking part at any time, without giving a reason.**

If, after your child has taken part, you decide that you want us to remove your child's survey answers, you can contact us and ask us to delete their information.

What will your child be asked to do?

Taking part will involve your child, along with all other pupils in their year group, completing a short online questionnaire at school. It asks questions about how your child feels about their school, friends, and themselves. It is not expected to take longer than 20 minutes.

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We do not expect completing the survey to be distressing. However, if this were to happen the school have been provided with guidance to ensure your child is well supported.

What are the possible risks/disadvantages of taking part?

There are no known risks/disadvantages to completing the survey. If any risks or disadvantages become known during the research, you and your child will be informed straight away via the school. If you ever wish to make a formal complaint about the conduct of the research you should contact Dr Jessica Deighton, Evidence Based Practice Unit (EBPU), UCL and the Anna Freud Centre, Kantor Centre of Excellence, 4-8 Rodney Street, London, N1 9JH.

What are the possible benefits of taking part?

Your child's school will receive an anonymised report of the survey findings to help them review and support pupil wellbeing.

What information is the research using?

The research will link your child's survey answers with information that schools already collect: Pupil name and year group as well as certain pupil characteristics, such as ethnicity, deprivation, special educational needs, attendance, and attainment. This information will be shared with us by your child's school.

We will use the above information to carry out analysis on groups of young people, not individuals. **We will not use the information to identify specific pupils for any reason.**

How will my child's data be stored and who will have access to it?

- All information will be kept completely confidential.
- Only members of the research team (named above) will have access to the identifiable data.
- The website used by schools to access the questionnaire will be completely secure. All survey data will be stored on a secure and password protected server.
- Once the information described above is linked, it will be anonymised (so that individuals cannot be identified) and the analysis will be carried out on the anonymised data.
- All information will be collected and stored in accordance with the General Data Protection Regulation (EU 2016/679) and Data Protection Act 2018.

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- The information may be presented in such as places as online in reports and in presentations at conferences. **However, no information presented will identify any individuals involved.**

What will happen to the results?

Your child's school will receive an anonymised report of the survey findings to help them review and support pupil wellbeing.

Findings may be presented at conferences or used as part of publications such as booklets, academic articles and reports for school partner organisations (e.g. local authorities, associated charities). No information presented or published will identify any pupils involved.

Further information:

If you have any questions, or would like more information about the research, you may want to email us at measuringwellbeing@annafreud.org or call us on 020 7443 2225. Further details about the project can be found on our website: <https://www.corc.uk.net/for-schools/>

This research has been approved by the University College London (UCL) Research Ethics Committee:

All research is looked at by an independent group of people, called a Research Ethics Committee, to protect your interests. This research has been approved by the UCL Research Ethics committee (UCL Ethics number: 16139/001).

Thank you for taking the time to read this information sheet.

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Agreeing for your child to be part of this research

- We hope you will allow your child to take part in this research. **If you are happy for your child to take part, then you do not need to do anything.**
- This form covers the **ethical governance** of the research project, which is designed to protect the dignity, rights, safety and wellbeing of research participants. Please read the accompanying Privacy Notice which talks you through the processing of your child's data, and the legal basis under which we are handling these data – a separate matter.
- It will be made clear to all children when they are given the questionnaires that they do not have to answer any questions that they don't want to and they do not have to take part at all if they don't want to.
- If you **do not** want your child to participate in this research, you need to let your child's school know by completing the Google Form below before **Wednesday 11th November**.

<https://docs.google.com/forms/d/1XKI7858g-XzFXiP8MUUQ47pRM-501zQZM3gVUYwqDPU/edit>

You only need to complete the GoogleForm if you do not wish your child to take part. **If you are happy for your child to take part, then you do not need to do anything.**

APPENDIX 1

Measuring Wellbeing in Schools

Data Protection Privacy Notice

(Information about the processing of pupil data)

Wellbeing Measurement for Schools involves the collection and analysis of data about participating pupils, including a 20 minute online wellbeing survey. We (the researchers) have produced this privacy notice to provide parents of pupils with information about the data involved, and their rights in relation to it.

Please note the word “processing” is a broad term that refers to the collection, storage and analysis of data. All data will be processed in accordance with legislation called the General Data Protection Regulation (GDPR).

What are the purposes for processing the data?

There are two purposes:

- To help schools to review and support the wellbeing of their pupils, by providing schools and their partner organisations (e.g. local authorities, associated charities) with anonymised reports of survey findings
- To carry out research into the use of wellbeing surveys in schools to support the wellbeing of pupils
- Findings from the surveys may be presented at conferences or used as part of publications such as booklets, academic articles and reports for school partner organisations (e.g. local authorities, associated charities). **No information presented or published will identify any pupils involved.**

What data are being processed?

The project will include two types of data about your child, which will be connected together to create a general picture about wellbeing:

- *Child-reported surveys:* This is to understand how children and young people feel about themselves, their friends and their school. The questions are outlined in Appendix 2.
- *Information obtained from schools that schools already collect about pupils:* gender, ethnicity, language group, free school meal eligibility, pupil premium eligibility and special educational needs. This is to understand if wellbeing is different for different groups of pupils.

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To work with schools to administer the survey and connect together the two types of data, we will use pupils' first names, surnames and pupil ID numbers. Once this part of the project is complete, we will create an anonymised data set that will not include any pupil names and will include anonymised ID numbers instead of pupil ID numbers.

All data analysis for the purposes stated above will be carried out using the anonymised data set.

How long will the data be processed?

- Pupil first names, surnames and pupil ID numbers will be deleted after 1 year
- The anonymised data set will be kept for 10 years, after which it will be reviewed to determine whether it would be appropriate to delete it

What allows the data to be processed lawfully?

The lawful basis for sharing and processing these data, as set out in the GDPR, is:

- Article 6(1)(e) "processing is necessary for the performance of a task carried out in the public interest or in the exercise of official authority vested in the controller" and
- Article 9(2)(j) "processing is necessary for archiving purposes in the public interest, scientific or historical research purposes or statistical purposes in accordance with Article 89(1) based on Union or Member State law which shall be proportionate to the aim pursued, respect the essence of the right to data protection and provide for suitable and specific measures to safeguard the fundamental rights and the interests of the data subject"

Which organisation is responsible for the data?

The organisation with responsibility for processing this data (the data controller) is UCL (University College London). The UCL Data Protection Office provides oversight of UCL activities involving the processing of personal data, and can be contacted at data-protection@ucl.ac.uk if you have any concerns about how data is being processed in this project. UCL's Data Protection Officer is Alex Potts and she can also be contacted at the same email address.

Who is organising and funding the research?

The study is being led by the Evidence Based Practice Unit (EBPU), which is a partnership between UCL and the Anna Freud National Centre for Children and Families (AFNCCF). For further information, here is a link to the Evidence Based Practice Unit pages on the UCL website: www.ucl.ac.uk/evidence-based-practice-unit

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The study is being carried out in collaboration with the Child Outcomes Research Consortium (CORC), which is funding the research. The research team are based across the three organisations (UCL, AFNCCF and CORC).

Who will have access to the data?

Only authorised individuals in the research team who are working with schools to administer the survey will have access to pupil names and pupil ID numbers.

The research team may collaborate with selected academic experts or students to analyse the anonymised data set, where such collaborations are determined to be beneficial for the purposes stated above.

Pupil data will always be kept confidential and will be collected, stored and analysed using secure computer systems.

What rights do I have?

Under legislation called the General Data Protection Regulation (GDPR), you and your child have certain rights, including the right to be informed about who is responsible for processing your data, and the right of access to your data.

With regard to the right to be informed, we have produced this privacy notice to describe the data processing and to provide information about the responsible organisation UCL, and the Evidence Based Practice Unit, which is leading the research.

Who can I contact for further information?

With regard to the right of access, if pupils or parents would like to know more about the categories of data about their child being processed, please contact the research team at measuringwellbeing@annafreud.org.

If, after you or your child has taken part, you decide that you want us to remove your answers, you can contact us and ask us to delete your information. Please note that requests can be supported until pupil names and ID numbers are deleted from the data set (as described above under “What data are being processed”). Once this happens the data will be anonymised and we will not be able to identify any pupils in the data.

APPENDIX 2 – Year 5 to Year 9

Questions pupils will be asked in the survey

(These will be presented in a child friendly format online)

Please read every statement carefully and select the answer that fits you best: At home there is an adult who: is interested in my school work; believes that I will be a success; wants me to do my best; listens to me when I have something to say. At school there is an adult who: really cares about me; tells me when I do a good job, listens to me when I have something to say; believes that I will be a success. Away from school there is an adult who: really cares about me; tells me when I do a good job: believes that I will be a success; I trust. Away from school: I am a member of a club, sports team, church group, or other group; I take lessons in music, arts, sports, or have a hobby. Are there students in your school who would: choose you on their team at school; tell you're good at doing things; explain the rules of a game if you didn't understand them; invite you to their home; share things with you; help you if you hurt yourself; miss you if you weren't at school; make you feel better if something was bothering you; pick you for a partner; help you if other students are being mean to you; tell you you're their friend; ask you to join in when you are all alone; tell you secrets. Please read every statement carefully and select the answer that fits you best: I do things at home that make a difference (i.e. make things better); I help my family make decisions; At school, I decide things like class activities or rules; I do things at school that make a difference (i.e. make things better); I can work out my problems; I can do most things if I try; There are many things that I do well; I feel bad when someone gets their feelings hurt; I try to understand what other people feel; When I need help, I find someone to talk to; I know where to go for help when I have a problem; I try to work out problems by talking about them; I have goals and plans for the future; I think I will be successful when I grow up. Five possible response options to each question: Never-Always (Student Resilience Survey, Sun and Stewart 2007)

We would like to know what thoughts about life you have had during the past several weeks. Think about how you spend each day and night and then think about how your life has been during most of this time. Here are some questions that ask you to indicate your satisfaction with your overall life. Select the answer next to each statement that indicates the extent to which you agree or disagree with that statement. It is important to know what you REALLY think, so please answer the questions the way you really think, not how you should think. This is NOT a test. There are NO right or wrong answers. My life is going well; my life is just right; I would like to change many things in my life; I wish I had a different kind of life; I have a good life; I have what I want in life; my life is better than most kids. Five possible response options for each question: strongly disagree- strongly agree (Life Satisfaction Scale: Huebner 1991)

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Below is a questionnaire which is going to ask you how you feel. There are no right or wrong answers. You should pick the answer which is best for you: I feel lonely; I cry a lot; I am unhappy; Nobody likes me; I worry a lot; I have problems sleeping; I wake up in the night; I am shy; I feel scared; I worry when I am at school,; I get very angry; I lose my temper; I hit out when I am angry; I do things to hurt people; I am calm; I break things on purpose . Response options: Three possible response options for each question: Never- Always. (Me and My Feelings Questionnaire: Deighton et al 2013)

Please put the areas below in order of importance to you: How I feel; How well I can deal with my feelings; How I get on with friends; How I get on with family; Working on my own strengths and weaknesses; Being able to get on with daily tasks and activities.