

	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
Fundamentals	balance, direction, jump, run, slow, travel, bend, hop, land, safely, space crawl, fast, rules, slide stop.	dodge, jog, skip, swing, ready position.	sprint, weight, take off, hurdle, speed	co-ordination, rhythm, agility, control, technique.	momentum, accelerate, react, stability, decelerate.	N/A	N/A
Ball Skills	dribbling, catch, hit, partner, ready, run, target, bounce, ball, kick, points, roll, score, throw.	ready position, soft, swing, track, underarm, control.	collect, release, receive, prepare, touch.	power, opponent, possession, technique, block, personal best, accurate.	cushion, react, decision, pressure, momentum.	N/A	N/A
Target Games	<b>(Ball Skills, Fundamentals and Games)</b> aim, catch, hit, lose, ready, safely, stop, throw, ball,	<b>(Sending and Receiving)</b> distance, overarm, underarm, swing,	<b>(Sending and Receiving)</b> accurate, release, teammate, opponent, strike, ahead.	agility, chip, drive, grip, hit out, power, tactics, caught out, communicate	decision, avoid, relaxed, cushion, adjust, support.	align, fake, par, stance, angle, force, officiate, situation.	Abide, assess, trajectory, anticipate, collaborate, appropriate.

	caught, jog, partner, rules, score, target, win, bounce, dribble, points, jump, run, space, team.	balance, further		, opposition, putt, technique, tournament.			
Striking and Fielding Games	<b>(Ball Skills, Fundamentals and Games)</b> pass, space, catch, score, jump, aim, team, throw, run, points, land, lose, safely, stop, direction, partner, rules, win.	<b>(Sending and Receiving)</b> Batter, bowler, hit, ready position, batting, fielder, overarm, track, bowl, fielding, out, underarm.	<b>(Sending and Receiving)</b> Backstop, runs, stump, collect, teammate, tactics.	accuracy, grip, run out, strike, tournament, wicket, caught out, no ball, short barrier, technique, umpire.	decision, pressure, limit, cushion, momentum, retrieve, compete.	close catch, long barrier, stance, deep catch, situation, backing up.	abide, consecutive, assess, appropriate, consistently, collaborate.
OAA	<b>(Introduction to PE and Games)</b>	<b>(Team Building)</b> co-operate, instructions	<b>(Team Building)</b> successful, support,	collaborate, discuss, interrupt, route, tactics,	effectively, leader, role, navigate,	cardinal points, critical thinking, strategy,	adhere, evaluate, contribute, inclusive,

	backwards, forwards, path, safely, sideways, stop, direction, partner, rules, score, space, team.	, listen, challenge, share, lead, plan, talk.	communicate , map, solve, include.	teamwork, compass, honest, course, symbol, trust.	key, reflect, orientate.	comprise, landmark, verbal, concise, negotiate, visual.	approach, determine, location.
Invasion Games	<b>(Ball Skills, Fundamentals and Games)</b> pass, space, catch, direction, partner, rules, team, kick, run, path, score, jump, aim, safely, throw, stop, bounce, points, land, lose, win.	<b>(Sending and Receiving)</b> attacker, goal, mark, defender, track, dodge.	<b>(Sending and Receiving)</b> goalkeeper, opponent, defend, attack, possession, send, shoot, teammate, tactic, receive.	accurate, invasion, opposition, receiver, tournament, communicate , offside, pitch, referee, control, technique, intercept, tackle, court, teamwork, umpire.	decision, pressure, protect, cushion, limit, delay, obstruct, opposing, supporting, accelerate, deny, gain, option, momentum .	angle, close down, drive, situation, ball carrier, create, sportsmanship , stance, rebound, barrier, dominant, maintain, support.	consecutive , dictate, appropriate , ball side, turnover, transition, abide, consistently , contest, draw, assess.

Net and Wall Games	<b>(Ball Skills, Fundamentals and Games)</b> safely, catch, points, aim, lose, space, hit, stop, direction, rules, win, throw, run, score, partner, target.	<b>(Sending and Receiving)</b> net, ready position, track, racket, underarm.	<b>(Sending and Receiving)</b> defend, trap, return, against, quickly, receive.	backhand, control, court, forehand, tactic, react, competition, co-operation, face, opponent, rally, opposition.	alternate, extend, continuous, deny, swing, contact, receiver, co-operative, reflect, compete.	pressure, situation, option, technique, sportsmanship, dominant, adjust, readjust, cushion, consecutive, non-dominant, grip, serve, baseline, release, create, communicate, groundstroke.	prepare, stance, direct, doubles, thrust, placement, limit, service, abide, recover, opposing, appropriate, footwork.
Fitness	<b>(Gymnastics and Fundamentals )</b> balance, fast, jump, safely, still, stop, bend, hold,	active, calm, heart, muscles, strong, brain, exercise, memory, bones,	sprint, speed, steady, time, tired.	agility, control, stamina, technique, co-ordination, progress, strength.	record, react, static, accelerate, decelerate, dynamic.	drive, consistent, persevere, stable, measure, motivate, power.	analyse, engage, calves, rhythm, abdominals, quadriceps.

	land, slow, space, copy, hop, run, squeeze, travel.	breathing, healthy, mood, quick.					
Athletics	<b>(Ball Skills, Fundamentals and Games)</b> Balance, fast, jog, run, slow, target, bend, hop, land, safe, space, throw, direction, jump, rules, safely, stop.	walk, quickly, underarm, further, time, leap, overarm, control.	sprint, landing, aim, distance, height, far, take off.	personal best, relay, accuracy, technique, baton, strength, speed, power, event.	stamina, stride, measure, launch, officiate, pace, transfer of weight, heave, official, record.	consistent, approach, dominant, force, changeover, momentum, shot put, track, drive, field, javelin.	maximum, pattern, fling, meet, strategy, phase, stance, explosive, rhythm, grip, release, discus.